

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skills Domain	Clinical Care
Skills Category	Subcutaneous Injection
Skills Standard Title	Administer subcutaneous insulin injection*
Skills Standard Descriptor	Administer subcutaneous insulin injection as prescribed, and monitor effects
Skills Proficiency Level	Level 2 <i>Previously 'Intermediate' under CCSSF</i>
Source code	CCSSF-CC-SINJ-3001-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Communication with client, which may include: ○ Greeting ○ Having conversations ○ Checking on client readiness ○ Creating small talk ○ Acquiring information ○ Checking history (e.g. past events, actions, etc.) • Five “rights” of patients • Tools required for subcutaneous insulin injection, which may include: ○ Insulin syringe with medication ○ Injection pen ○ Alcohol pads ○ Gauze ○ Puncture-resistant container to discard used needles and syringe (typically a red, plastic “sharp’s container”) ○ Bandages • Client medication records, which may include: ○ Inpatient medication records ○ Resident medication records ○ Prescriptions ○ Administration instructions • Indications of subcutaneous injections • Contraindications of subcutaneous injections • Types of insulin and its characteristics • Insulin injection sites, which may include: ○ Abdomen ○ Arm

	○ Thigh ● Stakeholders in relation to subcutaneous insulin injection, which may include: ○ Pharmacist ○ Doctor ○ Qualified healthcare professionals ○ Clients ○ Caregivers ● Insulin injection sites (and rotation of injection sites), which may include: ○ Abdomen ○ Arm ○ Thigh ● Verification of medicines, which may include: ○ Expiry date ○ Type of medicine ○ Colour of medicine ○ Application ○ Desired effects ● Preparation for insulin injection, which may include (not limited to): ○ Rolling bottling with palm to achieve room temperature ○ Sequence of giving medication (including the injection) ○ Standby for meal ● Adverse reactions (or complications) to medication, which may include: ○ Redness ○ Swelling ○ Shortness of breath ○ Non-consumption ○ Rashes ● Organisational procedures in relation to: ○ Interpreting information against client's medication records on subcutaneous insulin injection ○ Checking and verifying medication for subcutaneous insulin injection against prescription ○ Preparing subcutaneous insulin injection ○ Communicating with client in relation to administration of subcutaneous insulin injection ○ Administering subcutaneous insulin injection to client ○ Escalating all identified effects and/or complications ○ Documenting updates on administration of subcutaneous insulin injection ● Standard precautions, which may include (not limited to): ○ Use of personal protective equipment ○ Hygiene practices ○ Handling clients with infection ○ Outbreak
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	○ Hand hygiene ○ Sharp disposal ○ Sharps handling • Relevant legal and/or industrial requirements in relation to support care functions, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health)
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: • Interpret information against client's medication records on subcutaneous insulin injection in accordance with organisational policies and procedures (i.e. checking prescribed dosage, etc.) • Check and verify medication for subcutaneous insulin injection against prescription in accordance with organisational procedures • Prepare subcutaneous insulin injection against prescription • Communicate with client in relation to administration of subcutaneous insulin injection in accordance with organisational procedures (e.g. seeking consent, clarifying reasons, checking understanding of instructions, checking medicine, checking for drug allergies, etc.) • Administer subcutaneous insulin injection to client in accordance with prescription • Escalate all identified effects and/or complications in accordance with organisational procedures • Comply with National Infection Prevention and Control Guidelines for Long Term Care Facilities • Document updates on administration of subcutaneous insulin injection in accordance with organisational policies and procedures
Person Centred Care <i>This refers to having a person centred care mindset to drive the caregiver to respect and recognise the decisions/choices of the person they are taking care of.</i>	Underlying principles: • Treating clients with dignity and respect by being aware of and supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services
Performance Outcome	The support care staff is able to:

This refers to the outcome of the task on the care recipient as indication of workplace success

- Administer subcutaneous insulin injection to client
- Document updates on administration of subcutaneous insulin injection